



## **ALERT FOR CLINICIANS**

### **Unexpected toxicity linked to mushroom gummies**

#### **KEY POINTS**

- There have been reports of people across Australia becoming severely unwell and requiring medical care after consuming 'Uncle Frog's Mushroom Gummies', including one instance in WA.
- Clinicians are advised to consider toxicity associated with the consumption of mushroom gummies in individuals presenting with unexpected features such as seizures.
- Contact the WA Poisons Information Centre on **13 11 26** for clinical and specific testing advice.

#### **Current situation**

- There have been reports of people across Australia becoming severely unwell and requiring medical care, including hospitalisation, following consumption of *Uncle Frog's Mushroom Gummies – Cordyceps* and *Uncle Frog's Mushroom Gummies – Lion's Mane*.
- Product packaging lists the contents of the gummies, including non-psychoactive mushrooms (cordyceps or lion's mane), and hemp derived extract; on some product packaging hexahydrocannabinol (HHC) or cannabidiol (CBD) is also listed.
- Patients have reported signs and symptoms, including:
  - nausea and/or vomiting
  - seizure-like activity, including involuntary limb or eye movements
  - anxiety
  - hallucinations
  - drowsiness or reduced consciousness
  - dizziness or light-headedness
  - tachycardia or palpitations.
- The products were available for sale online and [recalled](#) on 26 June 2024; people are strongly advised not to consume these products, and to return or safely dispose of any remaining product.

#### **Advice for clinicians**

- Clinicians are advised to include health supplements as part of taking a comprehensive patient medical history.
- Clinicians should ask about the consumption of Uncle Frog's Mushroom Gummies in anyone who presents with the above clinical picture, particularly where there are no other obvious causes for the clinical presentation.
- If a patient reports having consumed any form of mushroom gummy, ensure information about the specific product and retailer of purchase is obtained during history taking including ingredients, brand, recommended dose and dose taken. Where possible, obtain samples or photos of the packaging and gummies.
- Contact WA Poisons Information Centre 13 11 26 for advice on testing and clinical management of suspected cases.

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