



GP UPDATE

Message from the Director Medical Services



Welcome to the second GP Update. I hope this format provides informative updates on St John of God Mt Lawley Hospital.

By way of introduction, I commenced as the Director Medical Services in November 2015 after working as a General Practitioner in both rural and metropolitan hospitals in Western Australia. My areas of interest include obstetrics, anaesthetics, paediatrics, skin cancer medicine and aged care. I am excited to be part of the future of SJG Mt Lawley Hospital, to grow the services available and the high quality of care we offer to patients.

I am committed to building close ties with the general practitioner community and was pleased to host 50 GPs at our first GP CPD education session, Updates in Orthopaedic Treatments, in May. Our second event for the year on obstetrics and gynaecology will be held in October, full details will be sent to your practice.

If you ever have any queries, please don't hesitate to contact my office on (08) 9370 9290.

Dr Stuart Prosser
Director Medical Services



Redevelopment investment

As part of Australia's largest not for profit health care group with a commitment to excellence in care, St John of God Mt Lawley Hospital continues to significantly invest in upgrading and refurbishing its facilities.

A \$17 million redevelopment is well underway which has so far seen upgrades to areas throughout the hospital, including;

- Main reception and admissions area
- Fit out of the Day Surgery Unit
- Refurbishment and upgrades of key areas in the Operating Suite
- New Antenatal Clinic in the Family Birthing Unit
- Complete fit out of the Central Sterilising Department
- Refurbishment of the hydrotherapy pool and surrounding areas
- Upgrade of the medical records storage areas

Chief Executive Officer, Ms Chris Hanna, says this investment is part of the strategic intent to make SJG Mt Lawley Hospital the State's leading private rehabilitation centre and offer a boutique private hospital experience

for patients requiring surgical and medical care.

"It is an exciting time to be at the helm of this hospital, as we start to focus on areas that reflect the St John of God Health Care ethos of first class, patient-centred care," says Ms Hanna.

"A priority is the expansion of our rehabilitation service, which is WA's first accredited private rehabilitation facility. It offers patients in need of physical rehabilitation access to a multi-disciplinary team of carers, including physiotherapists, dieticians, speech therapists, occupational therapists and consultant level medical care. It is a highly personalised care tailored to their specific needs."

Plans also include building on the hospital's strong history of maternity care, along with expanding the surgical and medical services.

"Our investment is more than bricks and mortar, we are working with our staff and visiting medical officers to make sure SJG Mt Lawley Hospital is their hospital of choice to work and practice."

New appointment of Director Nursing and Midwifery

The hospital appointed Vanessa Unwin as Director of Nursing and Midwifery in April this year.

CEO, Ms Chris Hanna, says Vanessa brings significant experience to the hospital and will greatly assist our plans to build the specialised care we provide the community, especially in maternity and rehabilitation services.

"Vanessa has been part of St John of God Health Care in various capacities, and comes with a strong understanding of our values and service ethos," Ms Hanna said.

"With extensive experience within the public and private hospital sectors in both Western Australia and Queensland, along with a passion for providing patient centred care, Vanessa is well

positioned to lead our nursing and midwifery teams."

Most recently, Vanessa project managed a regional process improvement initiative across SJG Subiaco, Midland and Mt Lawley Hospitals and, prior to that, she was the inaugural Director, Safety and Risk at Fiona Stanley Hospital. With an impressive background in quality and risk, Vanessa has also held executive positions at both SJG Subiaco and Murdoch Hospitals.

Her experience, in conjunction with a Masters of International Health Management, Graduate Certificate in Catholic Culture and Bachelor of Nursing, will greatly benefit our nursing and midwifery teams.



Cutting edge technology in obstetrics and gynaecology ultrasound

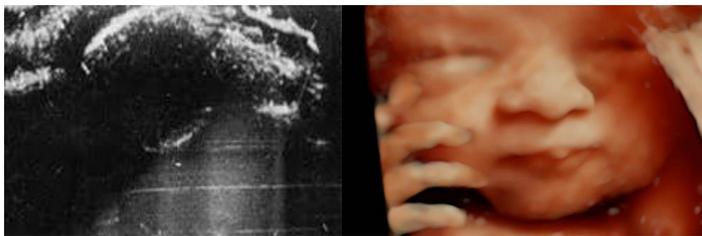
By Dr Anjana Thottungal
Perth Obstetrics and Gynaecology
Ultrasound

Ultrasound technology in obstetrics and gynaecology have evolved rapidly since the seminal Lancet paper by Professor Ian Donald from Glasgow in 1958. It is now impossible to conceive practicing obstetrics and gynaecology without the use of various ultrasound techniques. New ultrasound imaging capabilities are increasing in diagnostic power annually, as these high tech machines are equipped with high end software to master different tasks.

In obstetrics, normality and malformations are detected more precisely and in earlier weeks of gestation. In normal uneventful pregnancies, 3D/ 4D images allows parents a good sense of reality, creating a stronger bond with their unborn child. In gynaecology, the details and clarity of the images and capability of 3D reconstruction of coronal planes creates an entirely new platform for co-operation and decision making in the management of different gynecological conditions. 3D coronal imaging is the gold standard for the diagnosis of uterine anomalies. The assessment of endometrial cavity lesions and tubal patency can now be established using ultrasound based procedures.

State of the art equipment with 3D/4D imaging capabilities are designed for daily obstetrics and gynaecology imaging as well as advanced/complex women's health practice.

Perth Obstetrics and Gynaecology Ultrasound (POGU) is the first ultrasound practice to establish sonovaginography and detailed assessment of severe endometriosis. The expertise and experience in detailed assessment of the pelvis and use of 3D imaging helps in detecting pathologies more accurately than a routine pelvic scan.



Advances in ultrasound (L) Queen Mother's Hospital, Glasgow 1950
(R) POGU, Perth 2016

Upcoming RACGP CPD education sessions

Date	Topic	Location
20 Aug 8.30am	Obstetrics and Neonatology This event earns 40 category 1 points.	SJG Subiaco Hospital
6 Sept 6.30pm	Cardiology This event earn 4 category 2 points.	SJG Midland Public and Private Hospitals
20 Sept 6.30pm	Orthopaedics This event earn 4 category 2 points.	SJG Subiaco Hospital
18 Oct 6.30pm	Obstetrics and Gynaecology This event earn 4 category 2 points.	SJG Mt Lawley Hospital

For more information or to RSVP, please contact
Elise Bertoncini, Doctor Marketing Coordinator.
t: (08) 9382 6127 e: elise.bertoncini@sjog.org.au

Helping families through stillbirth

Kristy Wiegele personifies the heart of St John of God Mt Lawley Hospital and commitment to providing the highest quality, patient-centred care.

Since October 2014, Kristy has been raising money to support families of stillborn babies by using these funds to donate cold cuddle cots to hospitals throughout Western Australia. The refrigerated bassinette cots allow stillborn babies to spend precious time with their parents and families.

Kristy first started with the hope of raising \$4,000 to purchase a cold cuddle cot to donate to SJG Mt Lawley Hospital. It took her ten days, and since then her foundation, 'A Midwife's Gift' has raised more than \$70,000.

Her efforts have led to a partnership with the WA Department of Health, who has donated an additional

\$39,200, helping Kristy achieve a long held dream to donate a cold cuddle cot to every maternity hospital in Western Australia.

Kristy was deservedly recognised at the 2015 Nursing and Midwifery Excellence Awards, where she won the Consumer Appreciation category for her work establishing 'A Midwife's Gift'.

A Midwife's Gift in numbers:

- Ten cold cuddle cots have been donated to WA maternity hospitals since 2014
- Three bassinettes have been donated
- Two more cots have been purchased and are waiting to be handed over
- Eight cots have been funded by the Department of Health.

Our newly accredited medical specialists

St John of God Mt Lawley Hospital has recently accredited the following specialists. Please find their full referral details on the specialist list.

Dr Farah Abdul Aziz, GENERAL AND BREAST SURGEON

Dr Sneha Bharadwaj, GENERAL MEDICINE AND GERONTOLOGY

Dr Hwa Lian Sharon Chu, PLASTIC SURGERY

Dr Chandrakala Dontham, OBSTETRICS AND GYNAECOLOGY

Mr Travis Falconer, ORTHOPAEDIC SURGEON

Dr Liza Fowler, OBSTETRICS AND GYNAECOLOGY

Mr Siva Gounder, GENERAL SURGEON

Mr David Hall, EAR, NOSE AND THROAT SPECIALIST

Dr Farhat Hussain, PAEDIATRIC MEDICINE AND NEONATOLOGY

Dr Dani Kostova, GERONTOLOGY

Dr Chok Lin Lui, GERONTOLOGY

Dr Daniel Luo, PLASTIC SURGERY

Mr Andrej Nikiloski, ORTHOPAEDIC SURGEON

Dr Jegajeeva Rao Subba Rao, OBSTETRICS AND GYNAECOLOGY

Dr Leon Smith, OMF SURGERY

Dr Rae Watson-Jones, OBSTETRICS AND GYNAECOLOGY

To unsubscribe or for any other queries or comments, please contact info.mtlawley@sjog.org.au or call (08) 9370 9222

