



CEO Message

Welcome to the first St John of God Mt Lawley Hospital GP Update.



This month we celebrate our second birthday, following the transition of ownership from Mercy Hospital in May 2014. In this short space of time, much has been achieved.

The \$17 million refurbishment program has resulted in the significant upgrades of many areas within our hospital. Work continues to create a hospital that is a contemporary patient-focused facility.

Our range of clinical services is comprehensive and diverse and includes private rehabilitation, obstetrics, surgical and medical and a public rehabilitation and older adult mental health unit.

These services continue to grow and I warmly welcome the new medical practitioners profiled in this update.

The first SJG Mt Lawley Hospital GP Education Session will be held on 31 May at the Conference Centre within the hospital. Join us in this superb location overlooking the Swan River to learn of the developments in orthopaedics from highly regarded specialists Mr Murray Blythe, Mr Greg Hogan, Mr Brett Bairstow and Mr Michael Edwards. Please find your invitation enclosed with this update.

I look forward to meeting you over the coming months and thank you for your continued support of SJG Mt Lawley Hospital.

Ms Chris Hanna
Chief Executive Officer
St John of God Mt Lawley Hospital

WA's premier rehabilitation service

St John of God Mt Lawley Hospital's Specialist Rehabilitation Service is Western Australia's first Australasian Faculty of Rehabilitation Medicine accredited private rehabilitation facility.

Our patient-centred approach provides care under one roof, with access to a range of health services including specialist rehabilitation consultants, rehabilitation nurses, physiotherapists, occupational therapists and social workers, along with a hydrotherapy pool.

A multidisciplinary team, led by Dr Ian Wilson, Director Specialist Rehabilitation Service, supports the admission and care of patients.

"Our goal - through the utilisation of our multidisciplinary team - is to optimise both the medical and functional aspects of patients who have been acutely unwell, have undergone surgery, or have become deconditioned," says Dr Wilson.

The Specialist Rehabilitation Service has unique agreements with all major health funds, ensuring no out of pocket expenses are incurred for allied health services provided as part of your patient's program.

For any enquires or to admit a patient, please contact Greg Levin, Referral Coordinator

T: 08 9370 9822
M: 0429 044 222

Rehabilitation Service Specialists

Dr Ian Wilson

MBChB, FAFRM
Director/Rehabilitation Physician

Rehabilitation, orthopaedic rehabilitation, amputee rehabilitation, reconditioning.

T: (08) 9370 9485



Dr Luca D'Orsogna

MBBS, FAFRM
Rehabilitation Physician

Rehabilitation, neurological rehabilitation, spinal rehabilitation.

T: (08) 9370 9485



Dr Teck Yew

MBChB, FRACP
Physician/Aged Care Specialist

Geriatric medicine, rehabilitation, memory disorders.

T: (08) 9370 9485



Dr Sean Maher

MBBS, FRACP
Physician/Aged Care Specialist

Geriatric medicine, rehabilitation.

T: (08) 9370 9485



Overactive bladder - beyond anti-cholinergics

By Dr Aleksandra Vujovic
Urological Surgeon, Bell Castle Specialist Centre

Overactive bladder (OAB) is a common problem, with over 16% of the population suffering from the condition.

First-line treatment includes fluid and behavioural modification in combination with pelvic floor and bladder drill exercises.

Anti-cholinergics or the new $\beta 3$ agonist are often added to this

treatment. Eighty percent of patients improve with long-term pharmacotherapy and behavioural therapy. However, long-term discontinuation rates can be as high as 70%.

Third-line treatments for OAB, which include sacral neuromodulation and intravesical Botulinum toxin type A, are used for those patients intolerant or not responding to oral pharmacotherapy and patients wanting a more long-term solution.

Sacral neuromodulation involves the placement of an electrical lead through the S3 foramen which is then attached to a permanent implantable pulse generator. The mechanism of action is believed to inhibit presynaptic afferent nerves and post ganglionic nerve

terminals as well as inhibit the micturition reflex. The procedure is usually performed as a staged procedure whereby the lead is placed and then attached to a temporary pulse generator. This allows a two to four week testing period to ensure the patient has a minimum of 50% improvement in their symptoms. This is monitored with a bladder diary. If satisfactory improvement has been achieved, the permanent impulse generator is implanted. At three years post implantation, 59% patients with wet OAB had a greater than 50% improvement in their symptoms and 46% were completely dry.

Intravesical Botulinum toxin type A has recently been PBS listed for both neurogenic overactivity and non-neurogenic OAB. The Botulinum toxin is injected cystoscopically into the wall of the bladder either under general or local anaesthetic. It binds to peripheral cholinergic terminals and inhibits the release of acetylcholine from the neuromuscular junction. This results in a flaccid paralysis. Overall, 60% of patients have improvement in their voiding symptoms. Five to 10% may develop transient urinary retention requiring intermittent catheterisation. The duration of efficacy is between six to 12 months at which point the patient can be re-injected.

Our newly accredited medical specialists



Mr Jeremy Rawlins
Plastic, Reconstructive and Aesthetic Surgeon

Dr Rawlins is an internationally recognised expert in complex wounds and scars, and brings expertise in specialist plastic, reconstructive and aesthetic surgery.

T: (08) 9370 9329



Mr Kenneth Nathan
Obstetrician/Gynaecologist

Dr Nathan has special interest in gynaecology including menopause, minimally invasive (laparoscopic/hysteroscopic) surgery, pelvic floor repair (including TVT and OT), colposcopy and cervical screening.

His focus is also obstetrics including antenatal care and delivery.

T: (08) 9370 9917



Mr Andrej Nikoloski
Orthopaedic Surgeon

Dr Nikoloski is a foot and ankle specialist, with main interest in foot, ankle and knee surgery and trauma surgery (upper and lower limb).

T: (08) 9230 6333



Mr Travis Falconer
Orthopaedic Surgeon

Dr Falconer has special interest in shoulder and elbow surgery, upper limb surgery and trauma surgery (adult and paediatric).

T: (08) 9212 4298

Upcoming RACGP CPD education sessions

Each event earns 4 category 2 points.

Date	Speakers	Topic	Location
31 May 6.30pm	Mr Murray Blythe, Mr Greg Hogan, Mr Brett Bairstow and Mr Michael Edwards.	Updates Orthopaedic Treatments	St John of God Mt Lawley Hospital
14 June 6.30pm	Dr Naeem Samnakay and Dr Jeff Thevaseelan	Urology	St John of God Subiaco Hospital

For more information or to RSVP, please contact Elise Bertoncini, Doctor Marketing Coordinator, on (08) 9382 6127 or elise.bertoncini@sjog.org.au

To unsubscribe or for any other queries or comments, please contact info.mtlawley@sjog.org.au or call (08) 9370 9222

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Mt Lawley Hospital