

# **Multidisciplinary Complex Foot Service Referral Form**

| DATE  | Discussed with:            |  |  |  |
|---|----------------------------|--|--|--|
| CLIENT DETAILS (use pati  | ient sticker if available) |  |  |  |
| First name:   | Last name:                 | Gender:  |  |  |
| Address:  |                            | Postcode:  |  |  |
| Phone number:   | Date of birth:             | UMRN:  |  |  |
| RELEVENT MEDICAL/SOCIAL HISTORY   |                            |  |  |  |
| □T1DM □T2DM   | □PAD □CVD                  |  |  |  |
|   |                            |  |  |  |
|   |                            |  |  |  |
|   |                            | _  |  |  |
| REASON FOR REFERRAL   |                            |  |  |  |
|   |                            | ☐Suspected Charcot Foot  |  |  |
|   |                            | 23 months □Recurrent Ulcer   |  |  |
| LEG AND FOOT PULSES   |                            |  |  |  |
| DP R L PT R L ABPI/TP Left Right  |                            |  |  |  |
|   | please complete SINBAD or  | -  |  |  |
| **  |                            | . • ,  |  |  |
| Swab results  |                            |  |  |  |
| Antibiotics   |                            |  |  |  |
| Offloading  |                            |  |  |  |
| Please indicate areas of concern  | RIGHT FOOT LEFT FOO        | The College of the Co |  |  |
| MEDICAL/SURGICAL SPECIALISTS (please include name, specialty, public/private, current |                            |  |  |  |
| involvement, date of last and next appointment)                                       |                            |  |  |  |
|   |                            |  |  |  |
|   |                            |  |  |  |
|   |                            |  |  |  |
| REFERRAL SOURCE DET   |                            | PRACTITIONER (if not referral source)  |  |  |
| Name:   | GP:                        |  |  |  |
| Title/designation:  | Practice:                  |  |  |  |
| Practice:   | DI .                       | N  |  |  |
| Phone number:   | Phone numl                 | per:   |  |  |
| Fax:  | Fax:                       |  |  |  |

Send to: FAO Multidisciplinary Complex Foot Service

Ml.referrals@sjog.org.au and CC: Ml.podiatry@sjog.org.au Fax: 9462 5004

Please attach all medications, relevant Investigations, reports & results.

Please call 9462 4325, 94625332 / 94625005 to discuss urgent referrals (< 4/52)



## **Multidisciplinary Complex Foot Service**

## Referral eligibility

Patient with complex medical needs presenting with either:

- A current foot ulcer, foot infection or non-healing amputation site
- Foot ulcers for MDT assessment and management
- Confirmed or suspected osteomyelitis (probe to bone, clinical suspicion or by imaging)
- Confirmed or suspected Charcot Neuro-arthropathy
  - o hot, red swollen foot
  - o in the presence of peripheral neuropathy with
  - o minimal or no reported trauma +/- progressing deformity

### Reason for referral: (tick all that apply)

- 1. ☐ Follow up of recent in patient / ED visit
- 2. ☐ Unclear aetiology of ulcer and therefore appropriate treatment plan
- 3. ☐ Suspected or confirmed osteomyelitis
- 4. ☐ Background of suboptimal diabetes control (HbA1c 8%+)
- 5. ☐ Recurrent foot ulceration / infection avoid hospital admissions
- 6. ☐ Requires offloading / regular debridement podiatry input
- 7. ☐ Requires wound management plan

| SINBAD score for triaging diabetic foot ulcers   |                                       |                                     |  |
|--|---------------------------------------|-------------------------------------|--|
| (3/+ = urgent referral) Please circle each score |                                       |                                     |  |
| Site   | Fore foot = 0                         | Mid or hind foot = 1                |  |
| Ischaemia  | Palpable foot pulses = 0              | Evidence of PAD = 1                 |  |
| <b>N</b> europathy                               | Sensation intact = 0                  | Loss of sensation = 1               |  |
| Bacterial infection                              | No signs or symptoms of infection = 0 | Signs and symptoms of infection = 1 |  |
| <b>A</b> rea                                     | Ulcer <1cm2                           | Ulcer >1cm2 = 1                     |  |
| <b>D</b> epth                                    | Superficial wound = 0                 | Deep ulcer – bone / tendon = 1      |  |
| Total Score                                      |                                       |                                     |  |

#### St John of God Midland Public Hospital catchment area

Referrals are only accepted for patients in the hospital's catchment area. To view catchment area go to sjog.org.au/midland