



ST JOHN OF GOD

Midland Public & Private Hospitals

Midland

GP UPDATE

August 2016



CEO & DMS Message

The recent close of the financial year has highlighted our busy first seven months of operation. We thank all of our local general practitioners for their support of our hospitals and their efforts in ensuring patients are referred to the appropriate service for their acute care.

The activity profile achieved in 2015/16 (November-June) included more than:

- 9,700 public overnight cases and more than 7,000 public day cases;
- 37,300 emergency presentations, of which 29 per cent were admitted;
- 800 maternity deliveries;
- 42,600 outpatient attendances; and
- 9,800 psychiatric bed days.

In addition, private patient numbers have grown significantly since opening, with more than 1,900 private day and overnight admissions being seen over the same period.

Broadly speaking, we are seeing about 45 per cent more activity than the former Swan District Hospital, which is a very welcome step toward health 'self-sufficiency' for the east metropolitan region.

In response, the State Government has made a strong commitment to our public hospital for the 2016/17 year, with a funding boost of about 12 per cent compared to last financial year.

Please find enclosed in our latest correspondence, our updated GP Services Directory which provides a comprehensive overview of our public and private services as well as referral information. Our latest private specialist list is also enclosed.

Dr Glen Power, Chief Executive Officer &
Dr Allan Pelkowitz, Director Medical Services

RACGP CPD Sessions

Date	Topic	Location
6 Sept 6.30pm	Cardiology	SJG Midland Hospital
20 Sept 6.30pm	Orthopaedics	SJG Subiaco Hospital
8 Oct 8.30am	GP Postgraduate Day	SJG Midland Hospital
11 Oct 6.30pm	Obstetrics & Gynaecology	SJG Mt Lawley Hospital

For full details or to register, please contact:
E: elise.bertoncini@sjog.org.au T: (08) 9382 6127

New technology provides relief from pain

Patients with back, joint and other chronic pain conditions can now be referred for interventional pain management at St John of God Midland Private Hospital.

Pain Medicine Specialist Dr Mark Schutze provides a range of services including rhizotomy, epidural, joint injections and nerve blocks.

He said new technology available was improving patient outcomes, in conjunction with physiotherapy, psychology and occupational therapy.

"Many patients who suffer with back and sacroiliac joint pain are now able to cease their medications and improve their function with this technology. I also treat other joint pains, such as knee osteoarthritis, with this minimally invasive procedure," he said.

These procedures can be done as day

procedures and are often provided with no gap for patients with private health insurance.

Dr Schutze says pain management was a challenging area and patients benefitted from specialist care with ongoing support from their general practitioner.

"I enjoy being able to give hope to patients and an improvement in their quality of life. It is also rewarding to support other doctors in managing their patients," he said.

This is the first time the Midland community has had access to a local, private pain medicine specialist giving the eastern suburbs access to the same services as the rest of the metropolitan area.

Referrals

Fax: 6316 1413

Email: info@painwest.com.au

HealthLink: mschutze

Experienced aged care physicians offering private services

Some of east metropolitan Perth's most experienced aged care physicians are now offering care for private patients. The physicians, Dr Teck Yew, Dr Chok Lui, Dr Nabin Dangal and Dr Amanda Boudville, are experienced and know the area very well having worked in public hospitals in the east metropolitan region for many years.

"We know there is a growing demand for aged care services, and many patients need rapid access to services which we can provide in the private hospital," Dr Yew said.

The physicians' services for inpatients and outpatients include comprehensive geriatric assessments, assessment and management of memory function, movement disorders, falls and osteoporosis, continence, and general medicine for older patients and

perioperative assessment in older patients.

"Offering private services in Midland means patients have care closer to home provided by experienced geriatricians," Dr Yew said.

"We offer a coordinated approach to caring for older patients, many of whom have multiple risk factors which need to be carefully managed.

"General practitioners can also contact us directly to discuss any concerns about their patient's wellbeing."

Metropolitan Geriatric Medicine Services

Suite 5, Level 1 St John of God Midland

Public and Private Hospitals

1 Clayton Street, Midland WA 6056

T: (08) 6500 0577

F: (08) 6500 0578

Dr Amit Banerjee, Head of Department of Mental Health



Q. Why did you become a psychiatrist?

Working on medical wards I realised that a lot of psychological factors impacted on the outcome of patient care. That fuelled my interest in psychiatry and I became a Fellow of the Royal Australian and New Zealand College of Psychiatrists in October 2002. I joined St John of God Midland Public Hospital from Swan District Hospital, where I was employed since January 2001 and was the Head of the Adult Mental Health Service for the last five years.

Q. How has mental health care in hospitals changed in the past 10 years?

The biggest change has been in the demand for mental health services, particularly in hospitals. One of the major issues the sector faces at the moment is providing care to patients with co-occurring disorders of psychiatric conditions with substance use, which is where a lot of demand comes from. I am very interested in this area and I am currently completing my Masters in Addictive Behaviours from Monash University.

Q. How does the design of the hospital's Mental Health Unit assist patient recovery?

The hospital's Mental Health Unit is much bigger than the unit it replaced at Swan District Hospital. This is helping to meet the growing demand for services in the community and throughout Perth. The modern environment of the ward, with a focus on access to natural light, means that the surroundings are conducive to recovery.

Q. What is being done to continually improve patient outcomes?

We have a strong focus on evidence based biological treatments for major mental illness. We are licensed to provide electro-convulsive therapy, which is sometimes a lifesaving treatment for severe depression and catatonia.

We are developing clear pathways for people presenting to the Emergency Department with emotionally unstable personality disorders. We are providing clear training, policies and resources to our Emergency Department staff to ensure they understand how to provide the best care for these patients.

Linking inpatients to allied health services at the hospital is another focus for the unit. Ensuring they engage in activities and having nurses available to promote and run these activities means patients are engaged as active participants in their own recovery.

We are also plan to develop links with the WA Primary Health Alliance who will provide the funding for psycho-social community mental health service services in future. This helps to ensure patients have continuity of care after they are discharged.

I would like to develop strong links with all mental health service providers in the community, including general practitioners, so that we can achieve best possible outcomes for patients belonging to the catchment area.

Private paediatric surgery offers more choice

Private paediatric surgery is now available within the Paediatric Unit at St John of God Midland Public and Private Hospitals, in addition to the existing public paediatric service.

Paediatric surgeon Dr Jillian Orford said the facilities on the unit - which include beds for parents, games and bright and fresh surroundings as well as experienced nurses - mean children receive the best care possible.

"At Midland, I offer advice and assistance for a wide range of paediatric and neonatal concerns that need surgery and can provide telemedicine consultations for people living in rural areas," she said.

"Some of the conditions I regularly see include tongue tie, skin and subcutaneous lesions, hypospadias, undescended testes and hernias."

Private patients can access surgery soon after their first consultation at Midland, with procedures undertaken in the hospital's well equipped theatres.

Surgeries and procedures provided by Dr Orford include:

- Hypospadias repair
- Inguinal, umbilical, epigastric hernia repair
- Hydrocele repair
- Orchidopexy for undescended testis
- Laparoscopy for correction of adolescent varicocele
- Laparoscopic cholecystectomy
- Laparoscopic fundoplication
- Laparoscopic appendicocaecostomy for encopresis
- Rectal biopsyLingual frenulotomy
- Circumcision
- Excision subcutaneous and skin lesions
- Excision thyroglossal cysts, neck and preauricular sinus

Public Referrals

Public referrals are made via the Central Referral Service (CRS).

Private Referrals

T: (08) 9370 9840

F: (08) 9370 9678

A: Suite 4/L1 Medical Centre, SJG Mt Lawley Hospital



Specialist update - Advances in endocrine surgery benefit patients

By Dr Sze Ling Wong

In recent years, endocrine surgery has rapidly evolved to become a clear subspecialty of general surgery.

Many publications document that patients develop fewer complications when having their operation completed by endocrine surgeons who perform at least 50 thyroid operations per year.

Offered at St John of God Midland Public and Private Hospitals, the focus of endocrine surgery is to treat diseases affecting the thyroid, parathyroid and adrenal gland.

There have been many exciting developments in the field of endocrine surgery from fine needle aspiration (FNA) biopsy in the evaluation of thyroid nodules to minimally invasive techniques.

FNA is proven to be the most accurate and cost-effective method for evaluating thyroid nodules. Many studies have reported lower rates of both non-diagnostic and false-negative cytology specimens from FNA procedures performed via ultrasound guidance compared to the palpation technique.

Currently, we are able to offer patients minimally invasive surgery for thyroid, parathyroid and adrenal gland disorders. This minimally invasive approach enables surgery to be performed with a smaller incision allowing a quicker recovery with reduced postoperative pain. This minimally invasive approach has no additional morbidity when compared to the conventional open method.

I also offer the minimally invasive technique using the video assisted endoscopic approach in both thyroid and parathyroid disorder to further reduce the incision to about 2cm or less for patients who fulfill the eligibility criteria. This improves cosmetic results and reduces postoperative pain.

Public Referrals

Public referrals are made via the Central Referral Service (CRS), you can request Dr Sze Ling Wong.

Private Referrals

T: (08) 9462 5694

F: (08) 9462 4490

A: Suites 6 & 7, SJG Midland Hospital
E: misessional.suites@sjog.org.au

To unsubscribe or for any other queries or comments, please contact info.midland@sjog.org.au or call (08) 9462 4500