



# ST JOHN OF GOD

## Berwick Hospital

Summer 2016/17

Doctor Newsletter



**Day Oncology &  
Infusion Centre**

**Now open 5 days a week**



## From the Director of Medical Services

Another year has flown by and much has been achieved throughout 2016 at St John of God Berwick Hospital. During November, I was fortunate to attend the Topping Out Ceremony on the rooftop of our new hospital. There was a real sense of achievement for the team as we were able to finally physically stand

atop the new facility and look around at the Berwick views and out to the surrounding suburbs and visually see the areas which we will continue to serve once we move.

GP clinics continue to grow and prosper within our catchment and with ongoing real estate growth, many new GP clinics are opening to meet the demand. We are committed to maintaining our support to these clinics as we also grow and invest in the future of Casey/Cardinia and the surrounding areas.

Thank you for your ongoing support and interest and we look forward to delivering our new hospital in 2017.

*Dr John Monagle,*  
Director of Medical Services

# New Doctors



**Dr Eugene Teh**  
General Physician

St John of God Berwick Hospital welcomes Dr Eugene Teh. Dr Teh is a general and acute care consultant physician.

Eugene provides consultation and management services for both inpatient and outpatient setting at St John Of God Berwick and Eastern Health . Eugene also has an interest in managing acute and chronic illness, as well as undifferentiated multi-system disease. Eugene will take referrals for all Perioperative and general medical patients. Dr Teh specialises in:

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Appointments: 9768 9331

Consults: Consulting Suite 3, 8-10 Gibb Street, Berwick



**Mr Philip McCahy**  
Urological Surgeon

Mr Philip McCahy's training was in the North-East of England with a group of urologists who are now world recognised leaders in the specialty. Philip also spent training periods at KCMC in Tanzania and at Monash Medical Centre. After a short period as a locum consultant at Freeman Hospital, Newcastle upon Tyne, he spent 8 years as a consultant in Kent, UK. There, he developed a brand new award winning investigative unit and was appointed to the Court of Examiners of the Edinburgh Royal College of Surgeons. Currently head of urology at Casey Hospital, Philip's special areas of interest are:

- Endourology
- \* Stone disease.

Philip is actively involved in training junior surgeons and has also been involved in international teaching of specialised techniques. He is also a senior lecturer in surgery for the Gippsland campus of Monash University.

Appointments: 0431 876 507

Consults: Berwick, Drouin and Sale



**Mr Paul Manohar**  
Urological Surgeon

Mr Paul Manohar has undergone extensive training at Monash, Alfred and Box Hill Hospitals. His training, both locally and internationally, has focused

on providing cutting edge urology care as well as chronic urological pain management. He has also undertaken hands-on, one-on-one training with the most senior pain specialists in Sydney. Mr Manohar focuses on providing a caring treatment that gives his patients the best results. He is a member of the Urological Society of Australia and New Zealand.

Paul is actively involved with the international urological community and is currently on the panel developing the international guidelines for neurogenic bladder.

Paul Manohar maintains a strong research interest with a position within the Monash University Prostate Cancer Laboratory with Dr Luc Furic and Gail Risbridger.

Dr Manohar treats patients in fields of:

- Lower urinary tract symptoms and benign prostate enlargement
- Urological cancers - Prostate, Bladder, Testes and kidney
- Renal tract stones
- Chronic urological and groin pain
- Incontinence
- Urodynamics and functional Urology
- Andrology
- Erectile Dysfunction
- PSA Screening discussions

Appointments: 9563 7899

Consults: Suite 2.2 Level 2, 55 Kangan Drive, Berwick and Bentleigh East

## New contact details



**Dr Camelia Borta**  
Respiratory and Sleep Physician

Address: Suite 1.3, Level 1, 55 Kangan Drive Berwick

Appointments: 9769 8206





## New Techniques in the Management of Internal Haemorrhoids (HAL-RAR)

Around 300,000 cases of haemorrhoids are treated in Australia each year. Conventional treatment options include open excisional haemorrhoidectomy, rubber band ligation and injection sclerotherapy. Although effective, excisional haemorrhoidectomy may be associated with painful post-operative wounds, delayed return to work (2-3 weeks), and a residual slow-to-heal anal fissure.

The HAL-RAR procedure is a relatively new technique for treating internal haemorrhoids. It is associated with less post-operative pain compared to conventional haemorrhoidectomy and quicker recovery, with studies demonstrating higher patient satisfaction. The method has two components: HAL (haemorrhoidal artery ligation) which

involves ultrasound-guided ligation of the terminal branches of the superior rectal artery, thereby disrupting the blood supply to the haemorrhoidal plexus, and RAR (rectoanal repair), which is a mucopexy procedure to return the prolapsing rectal mucosa and haemorrhoidal tissue into the anatomical position in patients with higher grade haemorrhoids. No excisional wounds are required.

Zagriadskiy et al. (2011) conducted a prospective randomised trial comparing HAL-RAR (n=65) with haemorrhoidectomy (n=70), demonstrating earlier return to normal activities (2.8 +0.7 days vs. 21.1+2.7) and less pain during the first ten postoperative days. Roka et al. (2013) conducted a prospective observational study in 184 patients with either Grade III or IV haemorrhoids. After a follow-up of 3 months, 91% of patients were symptom free and 91% were satisfied with the result. At 12 months, these figures were 89% and 88%, respectively. 19% of patients who underwent HAL-RAR, however, required further medical or surgical treatment. Post-operative complications were seen in 8% of patients: bleeding (1%) requiring return to theatre, perianal thrombosis (7%) and unspecified proctitis (1%). Other studies have demonstrated a risk of urinary retention, infection and temporary faecal incontinence.

HAL-RAR may be a suitable option for patients with internal haemorrhoids who have failed previous rubber band ligation/injection sclerotherapy. In higher grade haemorrhoids (eg. Grade III or IV) where there are prolapsing components, there are clear advantages of HAL-RAR over excisional haemorrhoidectomy (less pain, earlier return to work) – but these have to be balanced against a higher recurrence rate and the need for a subsequent procedure. The HAL-RAR is a safe and effective alternative for the management of internal haemorrhoids that will be procedure of choice for selected patients.

By Mr James Lim  
Colorectal Surgeon

Address: 8-12 Gibb Street, Berwick  
124 David Street, Dandenong  
Appointments: 9793 2687



Fig.1- US guided detection



Fig.2 – Ligation of artery



Fig.3 – Mucopexy stitch.



Fig.4 – Prolapsing tissue lifted



Happy Holidays from  
St John of God Berwick Hospital.  
We look forward to delivering  
our new hospital to Casey/Cardinia  
in 2017.



ST JOHN OF GOD  
Berwick Hospital

[www.sjog.org.au/berwickredevelopment](http://www.sjog.org.au/berwickredevelopment)



## St John of God Berwick Day Oncology and Infusion Centre Now Open 5 days

The St John of God Day Oncology and Infusion Centre is now open and operational 5 days a week, Monday- Friday.

The unit, located within the St John of God Berwick Specialist Centre in Kangan Drive, opened in February 2015 and has since been caring for patients 4 days a week. The additional opening hours will allow the unit to cater to the increased demand for care.

“Our team are pleased to now have the capacity to provide treatment for more

patients,” explains Lisa Marchietti, Nurse Unit Manager.

The Unit provided care for xx patients in 2015-16 with services including:

- \*Chemotherapy
- \*Iron Infusion
- \*Immunotherapy
- \*Venosection

The unit also celebrated the opening of a Community Wig Service in early 2016.

The Unit is equipped to deal with referrals from multiple specialties, including

- \*Oncology
- \*Neurology,
- \*Haematology
- \*Gastroenterology
- \*Urology
- \*GPs

**The Day Oncology and Infusion Centre is located at :**

**St John of God Berwick Specialist Centre, Level 1, 55 Kangan Drive, Berwick  
Ph: 8793 0575**



### The new St John of God Berwick Hospital at full height

The new St John of God Berwick Hospital, currently under construction, has now ‘topped out’ or reached full height. Due to open its doors and begin caring for patients in late 2017, the building has dramatically changed the skyline of Berwick.

The Topping Out ceremony was held on the rooftop of the 7 story new hospital and was attended by the teams from St John of God Berwick Hospital, project partner Generation Healthcare REIT and builder Hansen Yuncken.

Left: The SJG Berwick team on the rooftop of the new hospital



# Berwick's New Multiple Sclerosis Clinic

The new St John of God Berwick Multiple Sclerosis (MS) Clinic started in October 2016 and runs every month. The clinic aims to provide state-of-the-art services for any patient with Multiple Sclerosis. The clinic is designed to meet the need for a highly specialized MS clinic in the region.

There are two main types of MS- relapsing-remitting and progressive MS. The clinic is capable of providing care for both of these types of MS patients. The clinic is staffed by an experienced MS neurologist, Dr. Deepa Rajendran and a specialized MS nurse, Ms. Michelle Allan. The hospital also has links to other specialists and organizations if needed to assist in the management of MS.

Attention is given to all of the complexities of MS management including diagnosis, MS drugs, relapse evaluation and treatment, and symptom management. There have been many advances made in the management of MS in recent times, including the development of and approval of several infusional therapies. The proximity of the new MS



Dr Deepa Rajendran,  
Neurologist



Michelle Allan,  
MS nurse

clinic to the St John of God Infusion Centre, located at 55 Kangan Drive Berwick, results in easy access for suitable patients both for administration and monitoring of these infusional therapies. The infusion centre can also be used to initiate patients on tablet therapies that require first dose monitoring.

The clinic will also look after patients with other demyelinating disorders such as Neuromyelitis Optica (NMO or Devic's disease), anti MOG antibody disease and transverse myelitis.

The clinic accepts referrals from GPs and other specialists for patients with either a confirmed diagnosis of MS or other demyelinating disorders, or those who are suspected of having these conditions. Once a referral is received and triaged by our team, the patient will be contacted and offered the next available appointment. It is not necessary for the patient to have had MRI imaging prior to the referral being made, but it would be useful to have copies of all prior investigations and results included with the referral.

**Dr Deepa Rajendran consults at St John of God Berwick MS Clinic**

Level 1, 55 Kangan Drive, Berwick

P: 8793 0550

F: 8793 0574

E: [Berwick.msclinic@sjog.org.au](mailto:Berwick.msclinic@sjog.org.au)

## Quick Reference PSA/Stones

### Renal/Ureteric stone if early referral if

- \*>5mm in size
- \*Sign of infection
- \*Renal failure
- \*Refractory pain
- \*Recurrent or multiple stones

### PSA (ng/ml)

Age	Median	95th Percentile
40s	0.65	2.0
50s	0.85	3.0
60s	1.39	4.0
70s	1.64	5.5

\*PSA screen age 50 (or 40 if family history)

\*If between median and 95th percentile with rising pattern on consecutive readings.

\*Referral is PSA above 95th percentile or abnormal DRE

\*Close follow up is above median PSA



## New Rooms



Mr Shekib Shahbaz,  
Urology Surgeon



Mr Tony De Sousa,  
Urology Surgeon

St John of God Berwick Specialist Centre,  
Suite 2.1 B, Level 2, 55 Kangan Drive, Berwick.  
Ph: 1300 702 811



# Heart Failure Clinic

## at St John of God Berwick Hospital

A new Heart Failure Clinic has commenced at St John of God Berwick Consulting Suites. This clinic provides a multi disciplinary approach to the complex management of heart failure. The Clinic aims to begin the introduction of Cardiac Care to St John of God Berwick Hospital in the lead up to the opening of its's new hospital. A Cardiac Unit and Cardiac/Vascular Catheter Laboratory will commence operation once the new facility opens at Kangan Drive in late 2017. The Heart Failure Clinic, now in operation, will play a key role in a complete Cardiac offering, including Diagnostics and Interventional care and treatment.

The Heart Failure Clinic offers the expertise and knowledge of specialised Cardiac team, including:

- Dr John Counsell, Cardiologist
- Dr Minz Cheah, Physician
- Marianne Martin, Cardiology Nurse

Please refer patients with:

- Past diagnosis of heart failure requiring physician review
- Signs and symptoms suspicious of heart failure
- heart failure with complex co-morbidities
- Recent admission involving CHF

Managing congestive heart failure can be a difficult and complex task.

The clinic includes:

- Medical follow-up
- Patient and carer education
- Self-management strategies
- Weight monitoring
- Dietary advice
- Medication review
- Streamlined admission to hospital



Dr John Counsell,  
Cardiologist



Dr Minz Cheah,  
Physician



Marianne Martin,  
Cardiology Nurse



For appointments: 03 9768 9331  
8-10 Gibb Street, Berwick, 3806  
[Berwick.heartfailureclinic@sjog.org.au](mailto:Berwick.heartfailureclinic@sjog.org.au)

# PHYSICIANS

## SUMMER 16/17



ST JOHN OF GOD

Berwick Hospital

### Cardiology

Dr Joseph Amin	8794 2200
Dr John Counsell	9791 3811
Dr Mark Freilich	9509 5009
Dr Rajika Karunadasa	8794 2200
Dr Matthew Swale	8794 2200
Dr Bryan Wai	8794 2200

### Diabetes Educator

Rowena Stewart	0418 336 849
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### Endocrinology

Dr Indra Jayasuriya	9790 6000
Dr Chin Tan	8393 1688

### Gastroenterology

Dr Luke Crantock	9709 2777
Dr Geetha Gopalsamy	9709 2777
Dr Alexander Hodge	9709 2777
Dr Darcy Holt	9709 2777
Dr Shara Ket	9791 8788
Dr Puneet Mahindra	9709 2777
Dr Ferry Rusli	9709 2777
Dr David Rubinstein	9791 8788
Dr Catherine Sorell	9709 2777

### Geriatrics

Dr Ramy Ghaly	9768 9331
Dr Renee Kelsall	8376 6562
Dr Thenmozhi Manoharan	9768 9331
Dr Kim Tew	9768 9331

### Haematology

Dr Susan Brown	9793 9491
Dr George Grigoriadis	9544 6448
Dr Michael Low	9544 6448
Dr Gaurav Srivastava	8793 0550

### Heart Failure Clinic

	9768 9331
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### Infectious Disease

Dr Babak Rad	9768 9331
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### MS Clinic

Dr Deepa Rajandran	8793 0550
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### Nephrology

Dr Kim Wong	9768 9331
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### Neurology

Dr David Moses (EMG)	9768 9331
Dr Deepa Rajandran	8793 0550
Dr Jayanthe Rupasinghe	9768 9331
Dr Udaya Seneviratne	9768 9331

### Oncology

Dr Mahesh Iddawela	9548 5776
Dr Shafaet Jamil	8793 0550
Dr Oliver Klein	9789 0444
Dr Sem Liew	9575 5100
Dr Esther Lin	1300 300 977
Dr Jun Shen	8793 0550
Dr Simone Steel	9789 6570
Dr Andrew Strickland	9548 5776

### Paediatricians

Dr Lakshmi Etta	9768 9331
Dr Peter Forest	9791 1855
Dr Datta Joshi	9791 1855
Dr Lee Chyi Lam	9791 4344
Dr Paul Machet	9792 1191
Dr Edwina Montgomery	9768 9331
Dr Melanie Pillay	9936 8244
Dr Antoine Pinto	9792 1191

### Pain Management

Dr John Monagle	8793 1175
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### Physicians

Dr Mohammed Al-Souffi	9768 9331
Dr Camellia Borta (Respiratory)	9769 8206
Dr Minz Cheah	9792 1191
Dr Nicholas Chin (Respiratory)	9792 1191
Dr Ramy Ghaly (Geriatrician)	9768 9331
Dr Sem Liew (Oncologist)	9575 5100
Dr Babak Rad (Infectious Disease)	9768 9331
Dr Chin Tan (Endocrinologist)	8393 1688
Dr Eugene Teh	9768 9331
Dr Kim Tew (Geriatrician)	9768 9331

### Raphael Centre (perinatal psychiatry)

Dr Lucinda Smith	9707 3988
Dr Adaobi Udechuku	9707 3988

### Respiratory Medicine

Dr Camelia Borta	9769 8206
Dr Nicholas Chin	9792 1191
Dr Michael Farmer	9791 3335
Centurian Sleep Disorders Clinic	1300 469 083

### Sports Physician

Dr Leesa Huguenin	9770 2398
Dr Sachin Khullar	9770 2398

## Medical Admissions Hotline

Phone:  
**9709 1480**

Ring this phone number to arrange medical admission under one of our Physicians

**Hospital Consulting Suites**  
9768 9331

**Hospital Reception**  
9709 1414

**Hospital Fax**  
9707 4135



[sjog.org.au/berwick](http://sjog.org.au/berwick)





### Bariatric Surgery

Mr Paul Ah-Tye	9793 9043
Mr Richard Gilhome	9760 2777
Mr Raymond McHenry	9760 2777

### Breast Surgery

Mr Chilton Chong	9575 5100
Mr Foong Loh	9707 3664
Miss Katrina Read	1800 255 273
Mr Leigh Reeves	9707 3664
Mr Cyril Tsan	9793 9043

### Cardiothoracic Surgery

Mr Sergei Mitnovetski	9707 3664
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### Colorectal Surgery

Mr Phillip Harris	9707 3664
Mr Brian Hodgkins	9707 0685
Mr James Lim	9793 2687

### Cosmetic Surgery

Mr Tim Brown	8768 5000
Mr Jeremy Richardson	9486 6721

### ENT

Mr Guy Boag	9700 1188
Mr Adnan Safdar	9769 3930

### General Surgery

Mr Paul Ah-Tye	9793 9043
Mr Zeev Duieb	9768 9331
Mr Mikhail Fisher	9707 3664
Mr Philip Harris	9707 3664
Mr Brian Hodgkins	9707 0685
Mr Suren Jayaweera	9707 3664
Mr Foong Loh	9707 3664
Miss Katrina Read	1800 255 273
Mr Leigh Reeves	9707 3664
Mr PY Tan	9792 1191
Mr Cyril Tsan	9793 9043

### Gynaecology

Dr Poonam Arora (female)	9769 3223
Dr Jorg Kemper	9796 2699
Dr Jacques Lam	9769 7611
Dr Rudy Lopes	9887 9868
Dr Ben Onyeka (Urodynamics)	9769 5824
Dr Mark Tarrant	9796 1988
Dr Peter Yong	9769 8745
Dr Natharnia Young (Urodynamics)	9768 9331

### Gynaecology- Oncology

Dr Jane McNeilage	9417 1331
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### Hand

Mr Jason Harvey	9038 5200
Re-wired Hand Therapy	1300 996 690

### Neurosurgery

Mr David Oehme	1800 367 746
(Neurosurgeon & Spine)	

### Obstetrics

Dr Poonam Arora (female)	9769 3223
Dr Jorg Kemper	9796 2699
Dr Jacques Lam	9769 7611
Dr Rudy Lopes	9887 9868
Dr Mark Tarrant	9796 1988
Dr Peter Yong	9769 8745

### Ophthalmology

Mr John Gioulekas	9768 9711
Dr Jennifer Tan	9768 9210

### Oral and Maxillofacial Surgery

Mr Christopher Poon	9654 3449
Mr Michael Schenberg	9706 7990
Mr Kevin Spencer	9347 3788

### Orthopaedic Surgery

Mr John Churchill	9796 2006	(hip/knee)
Mr Cam Fary	9928 6161	(hip/knee)
Mr Daniel Goldbloom	9099 8866	(Foot and ankle)
Mr Jason Harvey	9038 5200	(hand/wrist/elbow)
Mr Troy Keith	9934 8861	(foot and ankle)
Mr Eden Raleigh	9421 1900	(shoulder/knee)
Mr Robert Steele	9038 5200	(hip/knee)
Mr Rabi Solaiman	9803 8066	(hip/knee)
Mr Andrew Tang	9429 9944	(knee)
Prof Ton Tran	9769 8523	(shoulder/hip/knee/foot)
Mr Otis Wang	9768 9331	(foot/ankle/knee)

### Orthotics

Head To Foot Orthotics	9870 2284
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### Paediatric Surgeon

Mr Robert Stunden	9770 5115
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### Plastic/Reconstructive Surgery

Mr Charles Baillieu	9546 6267
Mr Tim Brown (cosmetic)	8768 5000
Dr Yvonne Chow	9546 6267
Mr Jeremy Richardson	9486 6721
Dr Rebecca Wyten	8768 5000

### Thoracics

Mr Cliff Choong	9768 9331
Mr Sergei Mitnovetski	9502 8808

### Thyroid Surgery

Mr Chilton Chong	9575 5100
Mr Suren Jayaweera	9707 3664
Mr Cyril Tsan	9793 9043

### Uro Gynae

Dr Ruchi Singh	9800 0069
Dr Natharnia Young	9768 9331

### Urology

Assoc Prof Sree Appu	9563 7899
Mr Tony De Sousa	1300 702 811
Mr Scott Donnellan	9563 7899
Mr Dennis King	9500 9577
Mr Paul Manohar	9563 7899
Mr Philip McCahy	0431 876 507
Mr Trung Pham	9792 6795
Mr Shekib Shahbaz	1300 702 811

### Vascular Surgery

Mr Lachlan Maddock	8060 4271
Mr Alan Saunder	9793 3337
Mr Ming Yii	9807 4002

