



MENTAL HEALTH CARE PLAN

GP Name
 Address
 Phone
 Email
 Signature Date

Use BLOCK LETTERS

Instructions: Complete in addition to Raphael Services Referral Form

Client Name: _____ Date of Birth: Age:
 Address: _____ Email: _____
 Phone: Home Mobile

Any other relevant information:

Known Allergies:

Outcome Tool Used:

Results:

Patient Plan

Patient Needs / Main Issues	Goals	Treatments	Referrals
	Record the mental health goals agreed to by the patient and GP and any actions the patient will need to take	Treatments, actions and support services to achieve patient goals	Note: Referrals to be provided by GP, as required, in up to two group of six sessions. The need for the second group of sessions to be reviewed after the initial six sessions
			Referral to Raphael Services for up to 6 sessions

Crisis / Relapse
If required, note the arrangements for crisis intervention and/or relapse preventions

Date Plan Completed:

Review Date: (Initial review 4 weeks to 6 months after the completion of plan)

Review Comments (Progress on actions and tasks) Note: If required a separate form may be used for the review.

Outcome tool results on review

NO WRITING IN MARGINS