



**OUTPATIENT PULMONARY  
REHABILITATION REFERRAL**

U.R. Number .....

Surname .....

Given Names .....

Date of Birth ..... / ..... / ..... Sex .....

Use Label If Available or BLOCK LETTERS



CO-80

**Contact Details**

Patient Name:  
Address:  
Postcode:  
DOB:  
Patient Phone:

GP Name:  
GP Clinic/Address:  
GP Phone:

**Inclusion Criteria**

- Has a diagnosis of stable chronic lung disease COPD or ILD
- Breathlessness that limits functional ability, secondary to a respiratory cause
- Current Pulmonary function test, if applicable, is attached to this referral
- BP no greater than 170/100 but ideally less than 150/90
- HR stable; no untreated arrhythmias or new tachycardia
- Medically stable and optimised medication
- Cardiovascularly stable
- Able to follow simple commands in a group environment
- Pulmonary rehabilitation discussed & client motivated and willing to attend an 8-week program

**Tick to confirm patient meets ALL of the listed inclusion criteria**

**Clinical Details**

Primary respiratory diagnosis	If COPD: GOLD system <b>Please attach spirometry results</b>		
Past Medical History	<input type="checkbox"/> <b>Mild:</b> FEV1 ≥80% predicted <input type="checkbox"/> <b>Mod:</b> 50% ≤ FEV1 <80% predicted <input type="checkbox"/> <b>Severe:</b> 30% ≤ FEV1 <50% predicted <input type="checkbox"/> <b>Very severe:</b> FEV1 <30% predicted		
Smoking history	<input type="checkbox"/> Never smoked	<input type="checkbox"/> Ex-smoker When: _____	<input type="checkbox"/> Smoker Prepared to quit? Y / N Pack year history: _____
Oxygen Saturations	Room air: _____ %	On O <sub>2</sub> _____ LPM _____ %	
	Ambulatory: _____ %	Other: _____ %	
Supplementary oxygen	Has home O <sub>2</sub> _____ Y / N	LTOT (>15 hrs/day) _____ LPM	
Medications	Respiratory		Other: _____
	<input type="checkbox"/> Beta Agonist	<input type="checkbox"/> LAMA	
	<input type="checkbox"/> Anti-cholinergic	<input type="checkbox"/> LABA	
	<input type="checkbox"/> Oral Steroid	<input type="checkbox"/> ICS	
Any other relevant information			

**Referrer**

Name	Signature	Date
Role <input type="checkbox"/> GP <input type="checkbox"/> Primary HCP <input type="checkbox"/> Resp. medical team	<input type="checkbox"/> Resp. HCP <input type="checkbox"/> Non-resp. medical team Other _____	Email address
		Contact number

**Please submit by fax to: 5226 1343**

NO WRITING IN MARGINS

SGHCGFMRG080 06/17

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